

## Cheerleading Tryout Packet

Thank you for your interest in trying out for the 2024-2025 SMS cheer squad.

Please turn completed paperwork into the office by Friday, March 29th (there will be a basket for paperwork). LATE FORMS WILL NOT BE ACCEPTED! Candidates are not allowed to handle teacher evaluations. The evaluations must be given to 4 core teachers you have had this school year (Math, English, Social Studies, and Science), and the teacher should complete and return them no later than Friday, March 29th.

There are three days of clinics with tryouts being the fourth and final day. You are required to attend two days of clinics in order to try out. Clinics and try-outs will be held at SMS in gym #2. Clinic dates are listed below:

- Tuesday, April 2nd
- Wednesday, April 3rd
- Thursday, April 4th
- Try-outs: Friday, April 5th starting at 3pm

You will be taught a cheer, chant, jumps, and a short routine. You will need to wear appropriate athletic clothing and tennis shoes. Please have your hair pulled back and all jewelry needs to be removed.

Try-outs are in gym #2 on Friday, April 5th. Try-outs start at 3pm. Once you have tried out you are free to leave. Try-outs are closed to everyone. Please wear dark shorts, a solid plain colored t-shirt, and tennis shoes. We will be keeping 20-25 on the squad.

You may log on to South Middle's homepage ([www.usd305.com/southmiddle](http://www.usd305.com/southmiddle)) and choose the cheerleading page from the athletics menu to see the list of qualifying cheerleaders under the 2024-2025 Roster, Friday after 6pm.

We are excited to begin a new year! Thank you again for your interest, and we hope to see you at try-outs.

Sincerely,

Madysen Sowers

Head Cheerleading Coach

## Clinic/Tryout Dates

- Clinic: Tuesday, April 2nd 3pm-5pm in gym #2
- Clinic: Wednesday, April 3rd 3pm-5pm in gym #2
- Clinic: Thursday, April 4th 3pm-5pm in gym #2
- Try-outs: Friday, April 5th 3pm in gym #2

\*\*Friday, April 5th (Tryouts) we will start at 3pm. Candidates need to wait quietly in the lunch room until their group is called. Once they have finished trying out, they are free to leave.



Clinic attire: Comfortable shorts/leggings, t-shirt, and tennis shoes. Hair must be pulled back and NO jewelry.

Try-out attire: Dark shorts and a plain solid colored t-shirt. The shirt should have no writing on it. Hair should be pulled back and out of the face. No jewelry.

You will be taught a cheer, a chant, jumps, and a short routine. Tryouts will be Friday, April 5th starting at 3pm. Tryouts are closed to everyone besides the coaches and judges. We will be keeping 20-25 squad members.

Concerns or questions should be brought to Madysen at [Madysen.sowers@usd305.com](mailto:Madysen.sowers@usd305.com).

Cheerleading Policy Form  
Salina South Middle School

**SMS Cheerleaders Will:**

- Attend all practices (unless absence is excused by coach prior to practice)
- Attend all games to which are assigned to cheerleaders
- Attend and participate in all other special events (pep Assemblies, Concession stands, etc.)
- Show appropriate sportsmanship and respect at all times
- Be early to all events

**Consequences for inappropriate behavior may result in not cheering. We will be using a 3 strikes system. The following are examples of some inappropriate behaviors that may result in receiving a strike:**

- Being more than 5 minutes late to a practice or game (unless the coach had been informed by the cheerleader or parent prior to game or practice)
- Disrespectful or poor sportsmanship behavior at a game, practice, or during school.
- Inattentiveness/talking at games when cheering is expected.
- Not passing at least 5 classes during a week that cheering is expected, or having missing school work.
- Receiving an office referral or time-out during school.

Cheerleader:

I have fully read the policies and understand what is expected of me to remain a member of the SMS cheer squad.

Signed: \_\_\_\_\_

Dated: \_\_\_\_\_

Parent/Guardian:

I have read the policies and understand what is expected of my son/daughter. I agree to fully support my son/daughter during the cheer season.

Signed: \_\_\_\_\_

Dated: \_\_\_\_\_

Tryout Consent Form – Parent/guardian and student

My child, \_\_\_\_\_, has my permission to try-out to be a cheerleader at Salina South Middle School. I understand that they must abide by the rules and regulations set forth by the coaches and principal and be present for all practices and games.

I understand by the very nature of the activity, cheerleading carries a risk of physical injury. No matter how careful the participant and the coaches are, how many spotters are used, the risk cannot be eliminated. The risk of injury includes minor injuries, such as muscle pulls, dislocations, and broken bones. The risk also includes catastrophic injuries such as permanent paralysis or even death from landing or falls on the back, neck or head. I understand these risks and will not hold Salina South Middle School or any of its personnel responsible in the case of accident or injury at any time.

\_\_\_\_\_  
Parent/guardian signature

\_\_\_\_\_  
Date

I am interested in being a cheerleader at Salina South Middle School. I understand the risks stated above. If selected, I promise to abide by the rules and regulations set forth by the coaches and principals. I promise to cooperate and to follow the instructions of the cheerleading coaches, school officials, and school administration

\_\_\_\_\_  
Student signature

\_\_\_\_\_  
Date

SMS Cheerleading Application form

Candidates Name: \_\_\_\_\_

Candidates Cellphone #: \_\_\_\_\_

Parent(s) Name: \_\_\_\_\_

Parent(s) cell phone #: \_\_\_\_\_

Parent(s) preferred email: \_\_\_\_\_

Candidates School email: \_\_\_\_\_

Address: \_\_\_\_\_

Grade for 2024-2025 school year: \_\_\_\_\_

Birth Date: \_\_\_\_\_

Are you in excellent health? Yes/No (Circle one)

Do you understand that if you make the squad, a physical examination is required in accordance with the KSHSAA rules and regulations? (A physical dated after May 1<sup>st</sup> is required before you can participate in any practices) Yes/No

1. List the activities you plan on being involved in, both in school and out of school for the 2024-2025 school year:

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2. Please write a brief statement telling why you want to be a SMS cheerleader:

Cheerleading Candidate Teacher Evaluation Form

Cheer Candidate's Name: \_\_\_\_\_

Teachers,

Please complete the following form and return it to Madysen Sowers (Jill Barbers mailbox) by Friday, March 29th. Teacher evaluations will be averaged together to count for a portion of each of the candidate's scores. Only those teachers who taught the candidate during the CURRENT YEAR may participate in the evaluation process. It is very important to give honest ratings based on your knowledge of that individual student. Please rate the candidate according to how you feel this student does in your class.

\*\*This evaluation will not be shared with the student. It will be confidential and tallied by the coach.

Thank you,

Madysen Sowers- Cheer Coach

Please rate the applicant on each of the following characteristics using the scale below:

	5- Excellent	4-Good	3- Average	2- Fair	1-Poor
1. Ability to get along with others	5	4	3	2	1
2. Overall attitude	5	4	3	2	1
3. Attendance and punctuality	5	4	3	2	1
4. Shows leadership qualities	5	4	3	2	1
5. Dependable, responsible person	5	4	3	2	1
6. Commitment to task completion	5	4	3	2	1
7. Would be a positive representative of SMS	5	4	3	2	1
8. Ability to maintain academic eligibility	5	4	3	2	1

Comments: \_\_\_\_\_  
\_\_\_\_\_

Teachers Name: \_\_\_\_\_

Class: ENGLISH      MATH      SCIENCE      SOCIAL STUDIES

Cheerleading Candidate Teacher Evaluation Form

Cheer Candidate's Name: \_\_\_\_\_

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