

USD 305 Spring Athletic and Activity Guidelines

Salina USD 305 students in grades 7-12 who are receiving face-to-face or hybrid learning provided by Salina USD 305 are eligible to participate in activity programs provided they meet all academic and eligibility requirements. Participation in school activities is voluntary and every individual will need to evaluate the risk versus the benefits of activity participation. USD 305 will remain in consultation with our local health department.

Guidelines for Event Spectators

- To be determined and released at a later date

General Guidelines for all athletics and activities including coaches and participants

- ANYONE feeling sick should stay home and contact their healthcare provider.
- Participating while symptomatic could potentially jeopardize the entire activities program in USD 305 and other schools for an extended period of time.
- A mask/face covering is required to be worn at all times by all personnel, including students, except when students are directly participating in the activity.
- Social distancing of 6 feet will be maintained when appropriate.
- Hand sanitizer will be provided at all activities
- Equipment should be sanitized before and after use when possible
- Attendance will be taken and kept on file for all sessions and for transportation.
- Students are to leave the building and grounds as quickly as possible after practices/events end.
- Group hydration devices will not be used other than to refill personal water containers. Water bottles should be clearly labeled with the participant's name.
- Practice clothing should be taken home and laundered daily.
- Participants should cover mouth and nose when coughing or sneezing with a tissue or cough/sneeze into their elbow.
- Teams and performance groups will maintain common groups as much as possible, spread out for meetings, and minimize full team/group interactions of close proximity.
- Parent meetings will be held in a virtual format
- Prior to athletic participation, student-athletes and their parents will fill out the KSHSAA COVID-19 Questionnaire and have it on file with the school. A family will obtain written clearance by a medical provider prior to participating in sports **ONLY IF they answer yes** to any of the questions on the form.
- Any student who has traveled to a KDHE identified restricted area should self-quarantine and not participate in school activities for 14 days upon return to their home.
- Concessions will serve pre-packaged items if open during the season.
- Masks will be worn when traveling in district transportation and on the sidelines by coaches and players not playing.

- Team dinners and activities will be discouraged during the season.
- When possible, Uniforms, towels and other apparel and equipment should not be shared.
- Signage will be posted to remind players, coaches and spectators about social distancing and wearing masks.

Sport Specific Guidelines

Boys Tennis

- Provide a player seat on each side of the court near net pole. Player(s) will use the same chair(s) during the match. Clean after each match.
- Provide hand sanitizer and wipes at score table for players to use after reporting match score
- During competitions at Salina Central, Oakdale and Jerry Ivey Park, all spectators will remain outside the fenced areas of the courts. Only coaches and participants will be allowed inside the court areas. Each team will have a separate “camp” area distanced from other teams. Both coaches and players need to do their part to socially distance from their team members when in the “camp” at the same time.
- When traveling to other venues we will set up a “camp” area distanced from other teams. Both coaches and players need to do their part to socially distance from their team members when in the “camp” at the same time.

Boys Golf

- When possible we will use a shotgun start to prevent gathering of players near the club house and reduce time spent at the golf course.
- Pre-tournament activities will be changed where the driving range and practice green will be limited to team shifts or eliminated.
- When possible the number of golfers from each school will be limited to keep the numbers down.

Baseball/Softball

- Non-essential personnel will not be allowed on the field during practices and games.
- When possible teams will be divided into smaller groups at practice.
- Sideline media and photographers must wear a facemask and remain outside the fence. They are expected to social distance while at games.
- Visitors will not be allowed on the field during games.
- Coaches and players not playing in the game will wear a face covering on the sidelines.
- Hand sanitizer will be available on the sideline and encouraged to use when players come off the field.

Track

- Participants and coaches should maintain social distancing.
- Athletes will wear masks when not competing.
- Athletes will run/workout in pods when possible.
- Teams will be given a specified area for “camps” that will be socially distanced.
- There will be no awards ceremony.

Girls Soccer

- Players and coaches should maintain social distancing.
- Athletes will wear masks when no physical exertion is occurring.
- Players and coaches will social distance on the sideline and at practice when possible.
- For home events, the team will not use the locker rooms. Players should come dressed and ready to play.

Girls Swimming

- Home swim meets will be reduced if necessary
- Visiting fans could be limited
- Coaches and managers will wear face mask at all times
- No sharing of towels, goggles, caps, clothing, or other personal belongings.
- Water Bottles: All athletes should have their own water bottles clearly labeled; do not share.
- Coaches will do their best to keep team members in small pod/cohort practice groups and lane assignments.
- Deck dryland training: Ensure athlete locations on the deck are appropriate for social distancing
- Have assigned hooks (Command Strip hooks work well) for athletes’ face masks or labeled zip-lock bags to keep masks in to keep them dry.