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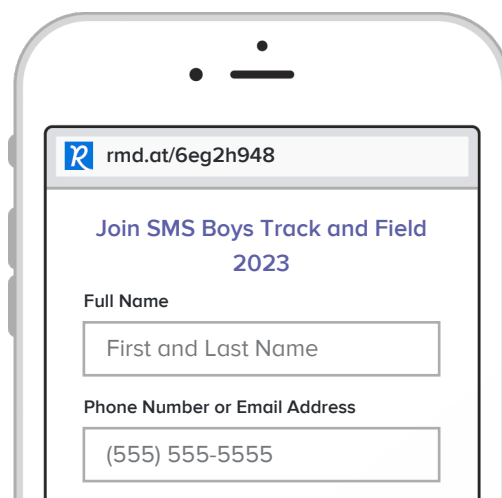
Pick a way to receive messages for **SMS Boys Track and Field 2023**:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

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Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



B If you don't have a smartphone, get text notifications.

Text the message [@6eg2h948](https://t.me/6eg2h948) to the number **81010**.

If you're having trouble with **81010**, try texting [@6eg2h948](https://t.me/6eg2h948) to **(774) 353-0907**.

** Standard text message rates apply.*



Don't have a mobile phone? Go to rmd.at/6eg2h948 on a desktop computer to sign up for email notifications.